

## COA Resources Directory

<b>Domestic Violence Advocate</b> — Hilltown Safety at Home (HS@H) If you need help in an emergency, Call 911 or the Safe Passage Hotline	413-559-8039 888-345-5282
<b>Elder Abuse Hotline</b>	800-922-2275
<b>First Call for Help</b> - Information and Referral Resources	800-339-7779
<b>Fuel Assistance</b> - Application and Recertification (after 11/1)	800-370-0940
<b>Hilltown Elder Network - HEN</b> (sponsored by Hilltown CDC) Help inside the home and errands (waiting list)	413-296-4536
<b>Veteran's Service Officer</b> - Tom Geryk	413-587-1299
<b>Regional Outreach Coordinator</b> - Peg Whalen	413-404-4566

### Food Services

<b>Food Bank of Western Massachusetts Brown Bag Program</b>	800-247-9632 or 413-268-8407
<b>Food Stamps</b> - Supplemental Nutrition Assistance Program (SNAP) For assistance call Fran @ Williamsburg COA	413-552-5400 413-268-8407
<b>Hilltown Food Pantry</b> - Goshen Town Hall* - Diane Meehan, Director *Each Wednesday 1-3 PM; 3rd Wednesday 1-6 PM	413-268-7578
<b>Meal Site</b> — Williamsburg Senior Center	413-268-8407
<b>Meals on Wheels</b> - Highland Valley Elder Service (HVES)	413-586-2000 or 800-322-0551
<b>Northampton Survival Center</b> - 265 Prospect St., Northampton	413-586-6564
<b>Salvation Army Emergency Food, Fuel or Medication Vouchers</b>	413-586-5336/6564

### Health Services

<b>Highland Valley Elder Services</b> - Intake referral for homecare, etc.	413-2586-2000	
<b>Hilltown Community Health Centers</b> - Medical & Dental Robin Lafrenniere, RN, Hope Nurse	413-238-5511 413-238-5511, Ext 131	
	Janet Dimock, Healthwise Community Health Worker	413-238-5511, Ext. 149
<b>Podiatrist</b> Dr. Michael Coby, call Williamsburg Senior Center to schedule (office hours alternating months at Senior Center)	413-268-8407	
<b>Foot Care</b> Beverly Dunn	413-446-2469	
<b>SHINE, Medicare &amp; Drug Coverage Part D &amp; Prescription Advantage</b> Lorraine York-Edberg	413-773-5555, Ext. 2275	
<b>Mass Health and New Health Coverage</b> John Bergeron, HCHC-Huntington	413-667-2203	
	Buliah Mae Thomes, HCHC-Huntington	413-667-2203

### Transportation Services

<b>Cummington</b> - Neighbor-to-Neighbor Drivers	413-634-2262
<b>FRTA Van</b> (Cummington shopping trips on Tuesday mornings, medical appts., in afternoons) Fran Goebel	413-269-4232

### Local Councils on Aging

<b>Chesterfield COA</b> - Janice Gibeau	413-296-4007
<b>Cummington COA</b> - Anne Parsons	413-634-2262
<b>Goshen COA</b> - Evelyn Culver	413-268-3316
<b>Plainfield COA</b> - Deborah Thibeau	413-634-0275
<b>Westhampton COA</b> - Julia Lennen	413-537-9880
<b>Williamsburg COA</b> - Marie Westburg	413-268-8407
<b>Worthington COA</b> - Sandra Epperly	413-238-5584

<b>Do Not Call Registry</b>	888-382-1222
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